

JOURNEY OF BURNOUT INTERVENTION

- Burnout is brand of (chronic) stress that springs from striving for success.
- Biomimicry is the process of gleaning insight from nature to solve human problems. (Benyus, Janine. *Biomimicry*, 2002.)

“Whenever I have found myself stuck in the ways I relate to things, I return to nature. It is my principal teacher, and I try to open my whole being to what it has to say.”

- Wynn Bullock, American Photographer

Wildfire Framework

1

EXAMINE HEAD

After wildfire environmentalists investigate what caused the fire.

Examine burnout triggers.

2

EXPLORE HEART

Environmentalists know the ecosystem restoration begins with existing seeds.

Explore what burnout left behind.

3

EMPOWER HANDS

Environmentalists track journey to ecosystem's stability in rebuilding stages.

Empower strategy for well-being.



VSL

VICTOR
SPEAKS
LIFE

Victor Bartley, Founder