

ECT Resources

Online Videos:

Dartmouth-Hitchcock ECT Video

~10 min

<https://tinyurl.com/DartmouthECT>

(<https://youtu.be/-T0mwzXHqvl>)

Excellent, straight-forward description.

Michigan Medicine ECT Video

~7 min

<https://tinyurl.com/MichiganECT>

(<https://medicine.umich.edu/dept/psychiatry/programs/neuromodulation/electroconvulsive-therapy>)

Well-done video. Patient is a little atypical, but procedure is described well.

Gold Coast Health (Australia): ECT – The Whole Story

~8 min

<https://tinyurl.com/AussieECT1>

(<https://youtu.be/ljoS31JC0As>)

This video and its companion video (below) are excellent!

Gold Coast Health (Australia): ECT – The ECT Journey

~6 min

<https://tinyurl.com/AussieECT2>

(<https://youtu.be/HEot7ow3yfk>)

This video and its companion video (above) are excellent!

ECT – Let’s Talk About It

~16 min

<https://tinyurl.com/AussieECT3>

(<https://youtu.be/ZYCjz-6iEW4>)

Really excellent, patient-forward video from a well-regarded group in Sydney NSW, Australia.

TED Talk – Sherwin Nuland: How electroshock therapy changed me

~22 min

<http://tinyurl.com/TEDTalkECT>

(http://www.ted.com/talks/lang/en/sherwin_nuland_on_electroshock_therapy.html)

Often recommend to patients. Patient/speaker is a physician. Does not show procedure.

ECT Resources

BBC: Why are we still using electroconvulsive therapy?

~13:30

<http://tinyurl.com/BBCECT>

(<http://www.bbc.co.uk/news/health-23453426>)

This video is, in some ways, the best out there. But it has some issues as well. On the plus side, the patient testimonials are quite moving and realistic. Also, the doctor said he has told his friends/colleagues that he wants ECT if he is ever so ill. On the downside, it is very British and there are a lot of references to WHO gets ECT that don't apply to the US and especially not to the US ECT population. For example, though laws vary state-by-state, ECT is infrequently given to someone who is unable to consent. Also, it has the same ECT opponent psychiatrist as the Australian video.

Max Fink Video

~8 min

<http://tinyurl.com/MaxFinkECT>

(<http://www.youtube.com/watch?v=1JG9eQsjaZY&feature=youtu.be>)

Video is very dated. But: 1) Max Fink is the father (or at least the uncle) of modern American ECT, and 2) it has a good depiction of the procedure.

MSNBC/Swedish ECT Segment

~3:30

<http://tinyurl.com/MSNBCECT>

(<http://www.nbcnews.com/id/26044935/#.UvrVtLQ6t6V>)

Dr. Ken Melman and Swedish ECT staff were part of this news segment. Procedure section is a demonstration, the "patient" is one of our ECT nurses.

ECT Segment from PBS Documentary *Ride The Tiger*

~3:00

<https://tinyurl.com/TigerECT>

(<https://youtu.be/dLajvMhwzHc>)

Whole show is great! ECT scenes in this segment also feature team from Michigan Medicine.

Lakeside Behavioral Health (TN) Videos

~6 min (overview) and ~7 min (technical)

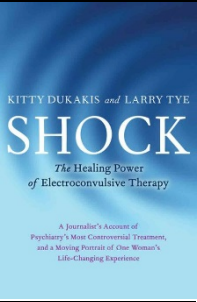
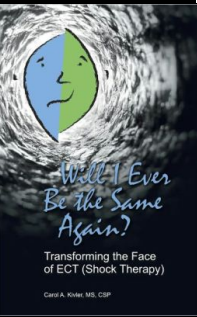
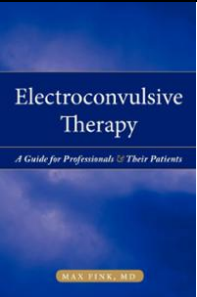
<http://tinyurl.com/TNECTVid>

(<http://lakesidebhs.com/treatment/neuroscience-center/ect/>)

This stuff is great! Both videos are complete, offer a huge amount of information. They basically cover all of the things that we cover with patients to get "informed consent" and more. Great examples and explanation of the memory problems. There is a fair amount of "talking head/professor" and it does not show the full treatment beginning to end.

ECT Resources

Books:

	<p><i>Shock</i> – Kitty Dukakis and Larry Tye</p> <p>http://amzn.com/1583332839</p>
	<p><i>Will I Ever Be the Same Again? Transforming the Face of ECT (Shock Therapy)</i> – Carol Kivler</p> <p>http://amzn.com/0984479902</p>
	<p><i>Electroconvulsive Therapy: A Guide for Professionals & Their Patients</i> – Max Fink MD</p> <p>http://amzn.com/0195365747</p> <p>This one is very compact/brief and relatively jargon-free.</p>