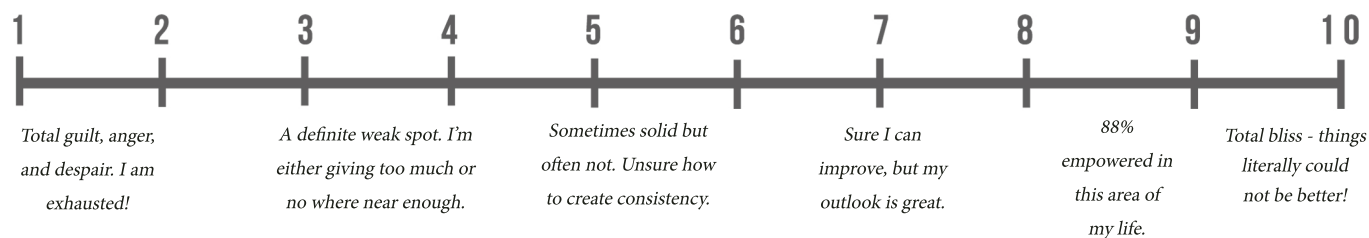


THE ASSESSMENT

purpose driven living

*I'm not trying to be perfect, but I do want to make progress! I want to see my life get better and better and I'd bet you agree! An unbalanced life creates chaos, guilt, and overwhelm. This assessment will allow you to see how you're *really* doing right now in each area of your life.*

Use it as often as you need to evaluate where you are in key areas of your life.



MARRIAGE (OR RELATIONSHIP)	1	2	3	4	5	6	7	8	9	10
MOTHERHOOD	1	2	3	4	5	6	7	8	9	10
HOME	1	2	3	4	5	6	7	8	9	10
EXERCISE & HEALTH	1	2	3	4	5	6	7	8	9	10
FUN, TRAVEL & RECREATION	1	2	3	4	5	6	7	8	9	10
BUSINESS	1	2	3	4	5	6	7	8	9	10
FINANCES & WEALTH	1	2	3	4	5	6	7	8	9	10
SPIRITUALITY	1	2	3	4	5	6	7	8	9	10

BONUS [TRUE OR FALSE]

NOVELTY: I'M INTRODUCING NEW EXPERIENCES INTO MY LIFE	T / F
INTERACTION: I'M CREATING FOCUSED TIME FOR THE PEOPLE I LOVE	T / F
SERVICE: I LOOK FOR OPPORTUNITIES TO SERVE & GIVE GENEROUSLY	T / F
COMMITMENT: I DO WHAT I SAY I'M GOING TO DO	T / F